

PERSONAL EXPERIENCE PANEL

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My recommendations are as follows:

- Ensure every workplace to encourages men, as much as women, to avail of part-time or flexible working arrangements.
- Provide education and incentives (e.g. more paternity leave) to parents about the various options they may have in terms of sharing childcare.
- Create a campaign to showcase men who are in caring roles, to provide more role-modelling and visibility in society.