# CITIZENS ASSEMBLY ON DRUGS MALAHIDE CASTLE JUNE 24<sup>TH</sup> 2023

## Dr Íde Delargy

MB, BCh, BAO, MICGP, FRCGP, Dip Leadership in Healthcare

National GP Co-Ordinator HSE Addiction Service Former Director, ICGP Substance Misuse Programme

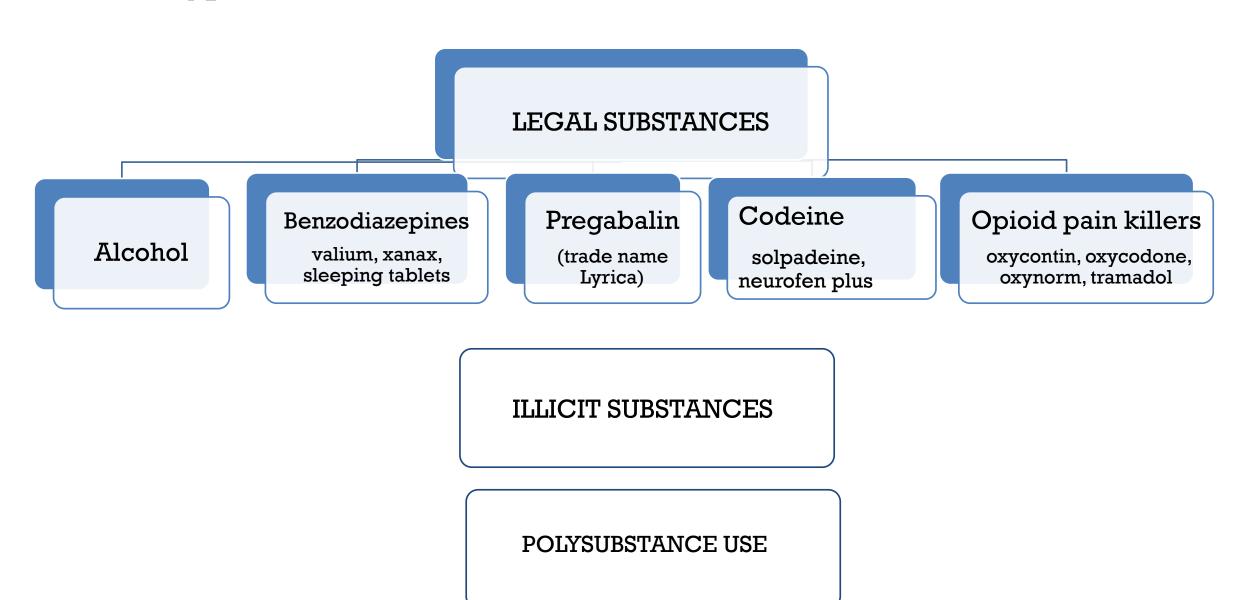
## What experience do I have in treating substance users?

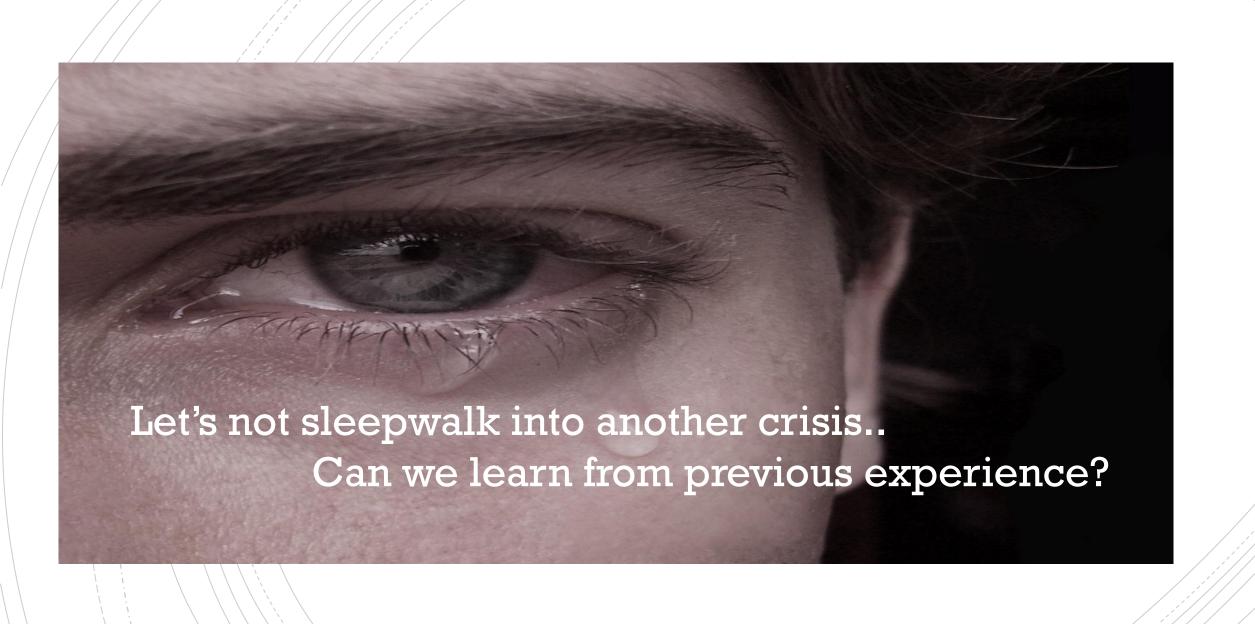
- 30 years of experience working in substance misuse in UK and Ireland
- Support GPs nationally with complex cases
- Responsible for training GPs in substance misuse
- Involved in setting up and delivering the national opiate substitution programme (in excess of 10 thousand people in treatment)
- Medical Director of <u>Practitioner Health</u> which looks after doctors, dentists and pharmacists who may have addiction issues

#### What do I know about addiction?

- <u>ALL</u> psychoactive substances both legal and illegal have the potential to be abused and to ruin lives
- Substance misuse problems are not confined to deprived areas
- GPs are the first line in trying to manage patients with problems
- There is an increasing normalisation of drug use in the younger population

#### What type of substance misuse do GPs see?





# Prevention is always better than cure...

- -Education and early intervention is key
- -Remove the stigma associated with addiction
- -Additional resources in addiction services required
- -Significant investment in training of addiction

