

Building “Prevention Capital”

Citizens Assembly on Drugs Use
30th September 2023

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A developmental approach to substance use

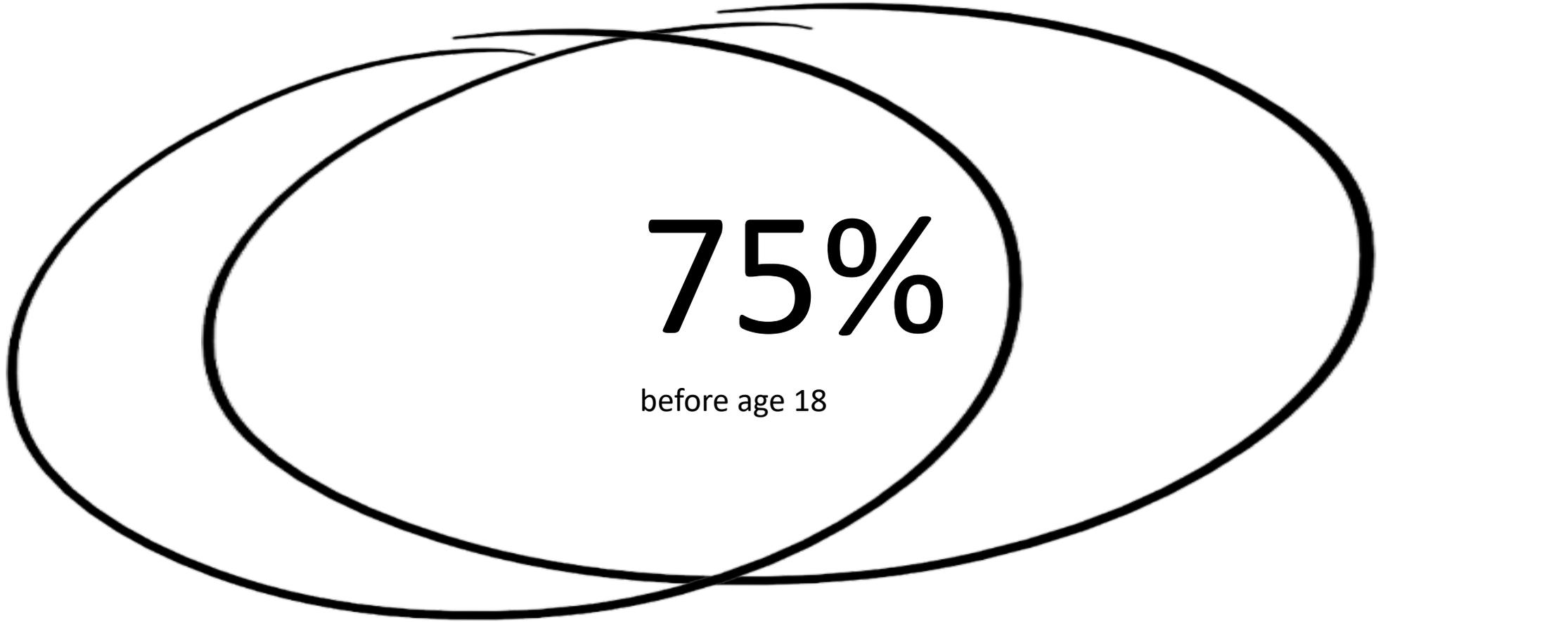


Childhood Disorders

Adult Disorders

75%

before age 18



3

5

7

9

11

13

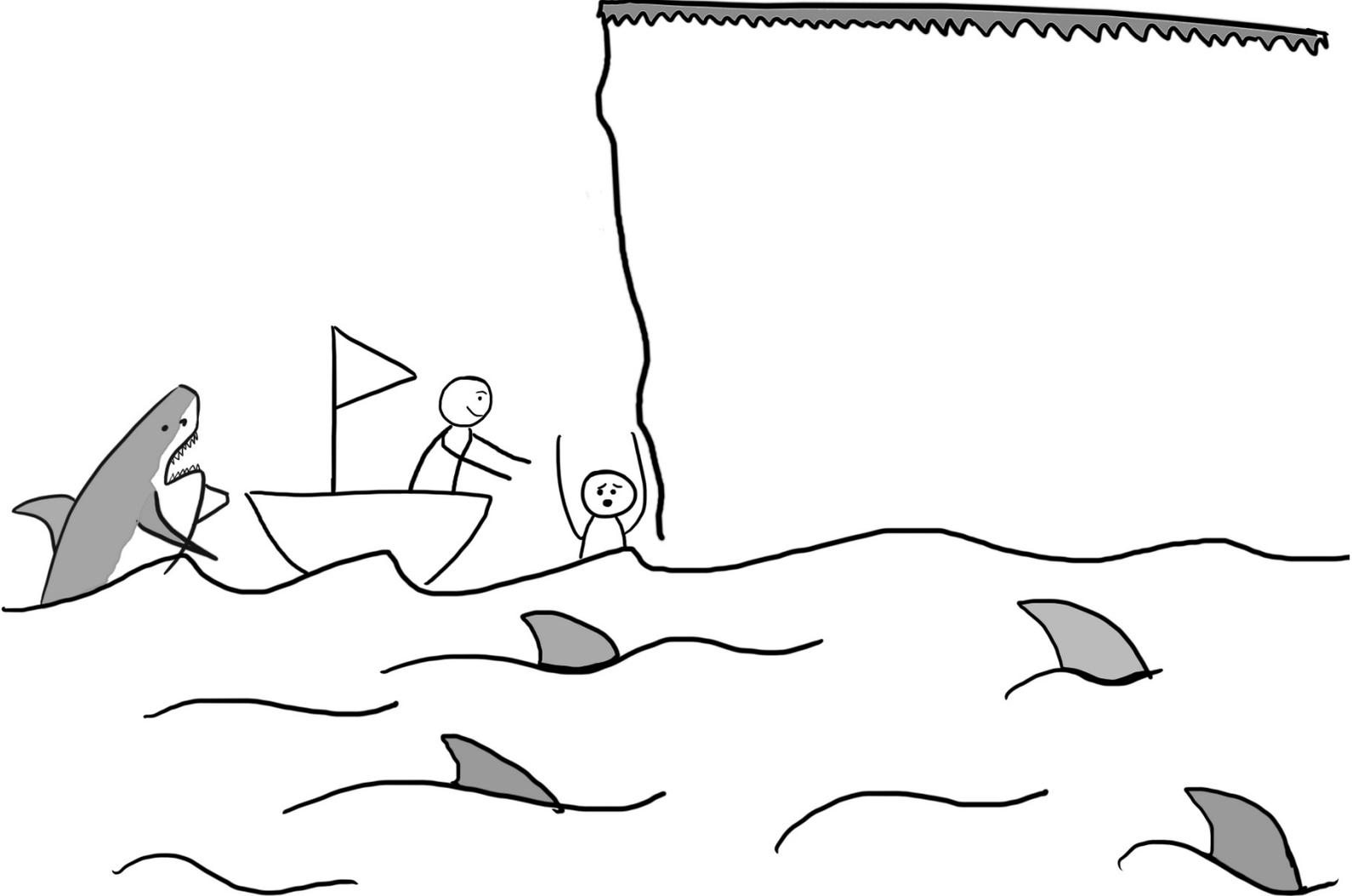
15

18

26

Types of Prevention

Tertiary Prevention



Recovery Capital

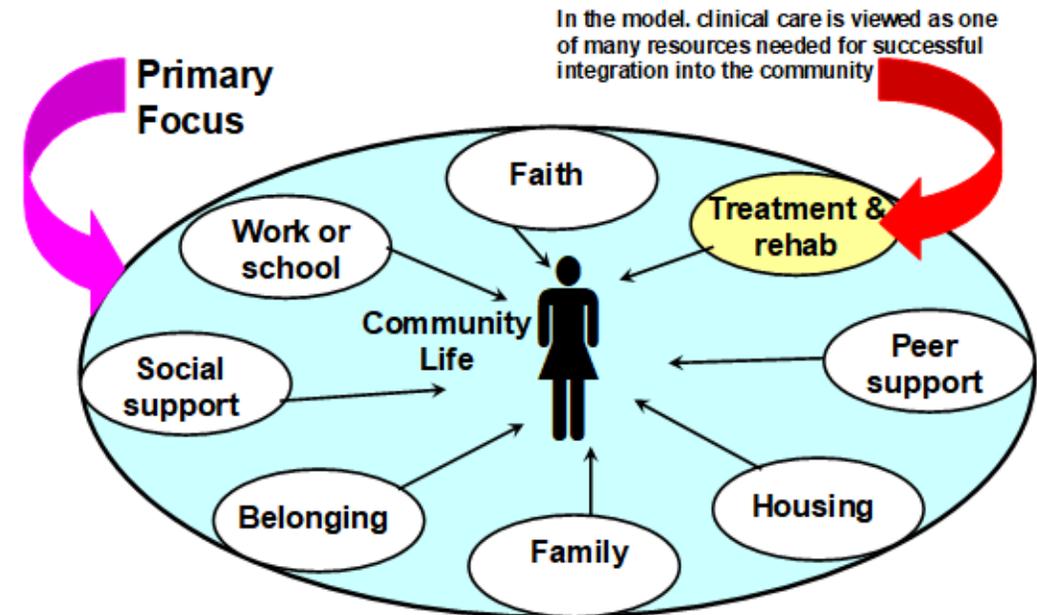
Person-centred
Holistic
Compassionate
Systemic

*Where people live, work
and play*

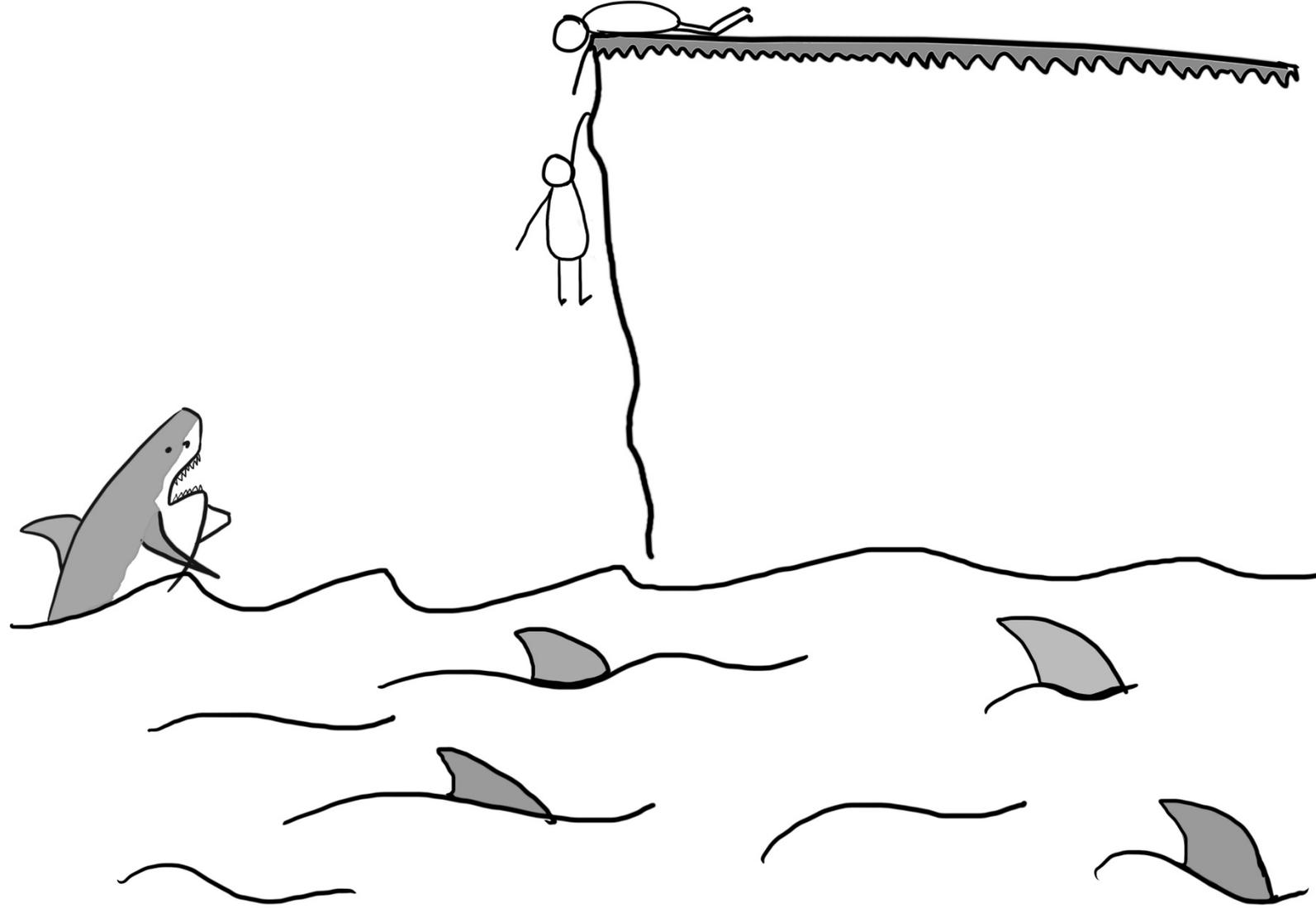
CA May meeting site visits

CA June meeting Sessions 3 (Harm Reduction) & 5 (Supporting Recovery)

CA Sept meeting Sessions 2 (Therapeutic Jurisprudence) & 3 (Prisons)



Secondary Prevention



Early intervention

Accessible

Integrated

No wrong door

Youth focussed

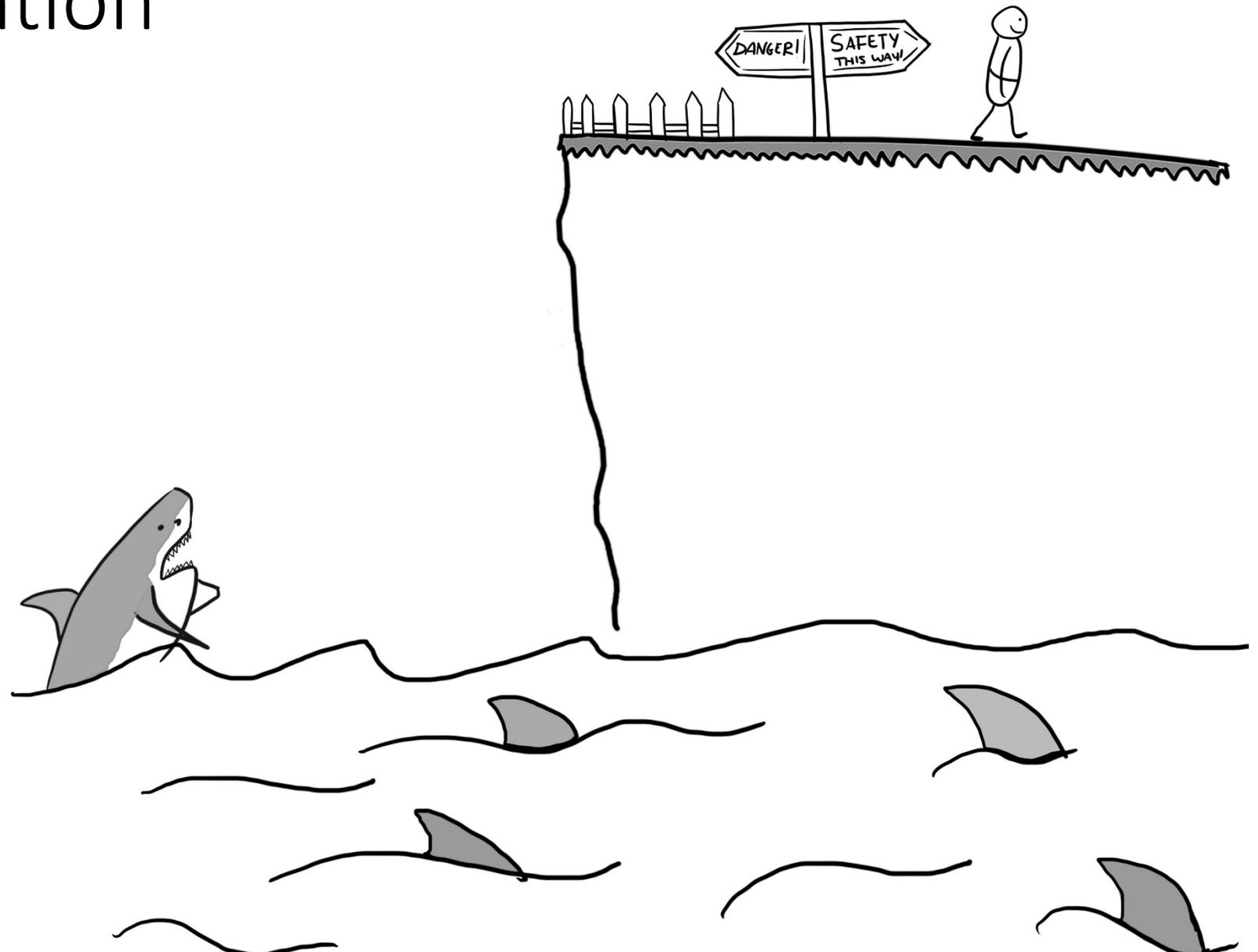
Rapid response

“Go to where they are..”

CA June Sessions 2 (Strategic Service Partnerships)
& 4 (Treatment – adolescents, GP)



Primary Prevention



Public Mental Health perspective

“Whole of society” approach

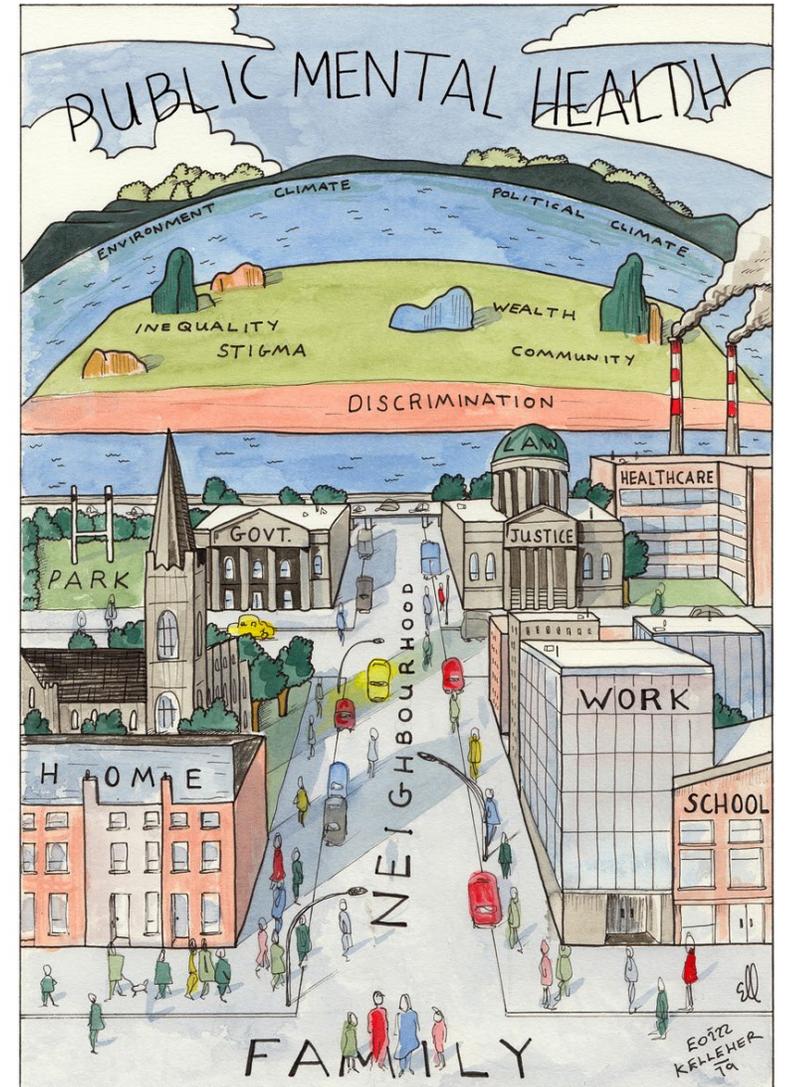
Coherent public health messaging

Focus on reducing risk factors and enhancing protective factors

Focus on youth

Policy-driven

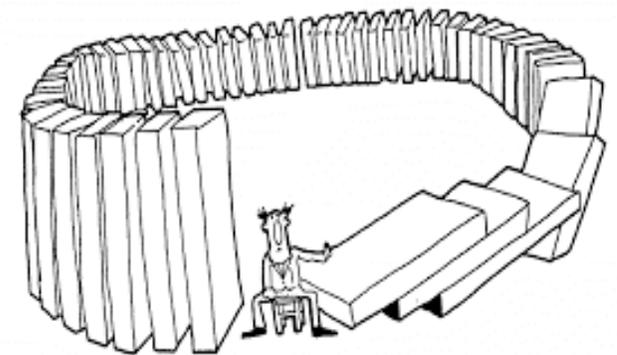
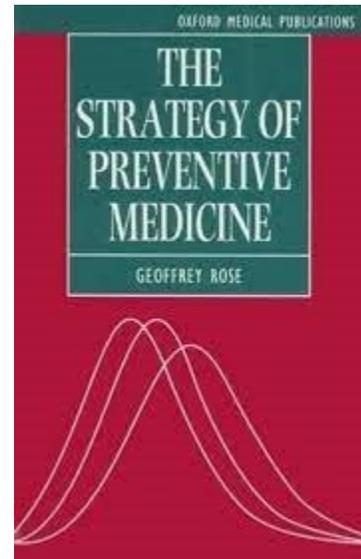
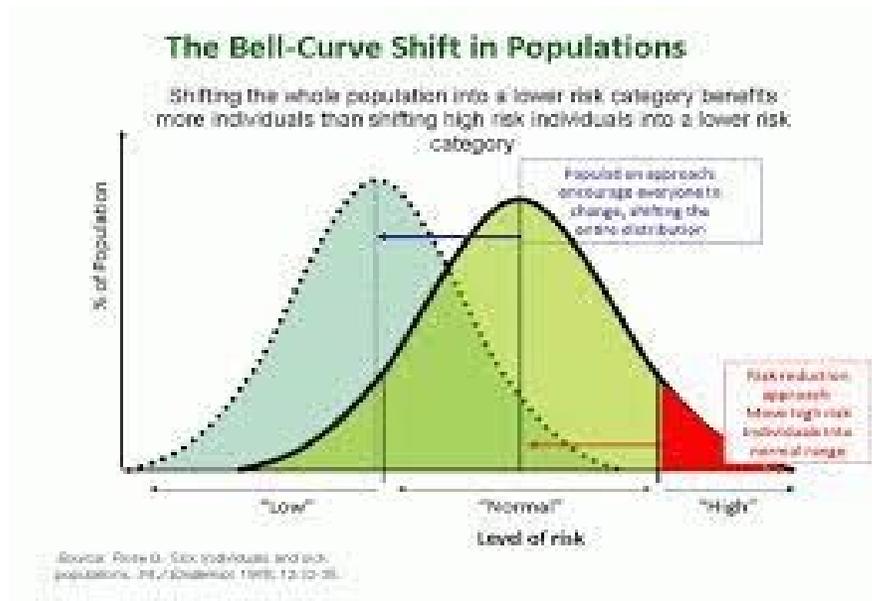
Education - schools, families, communities



CA June Session 3 (Killeen)

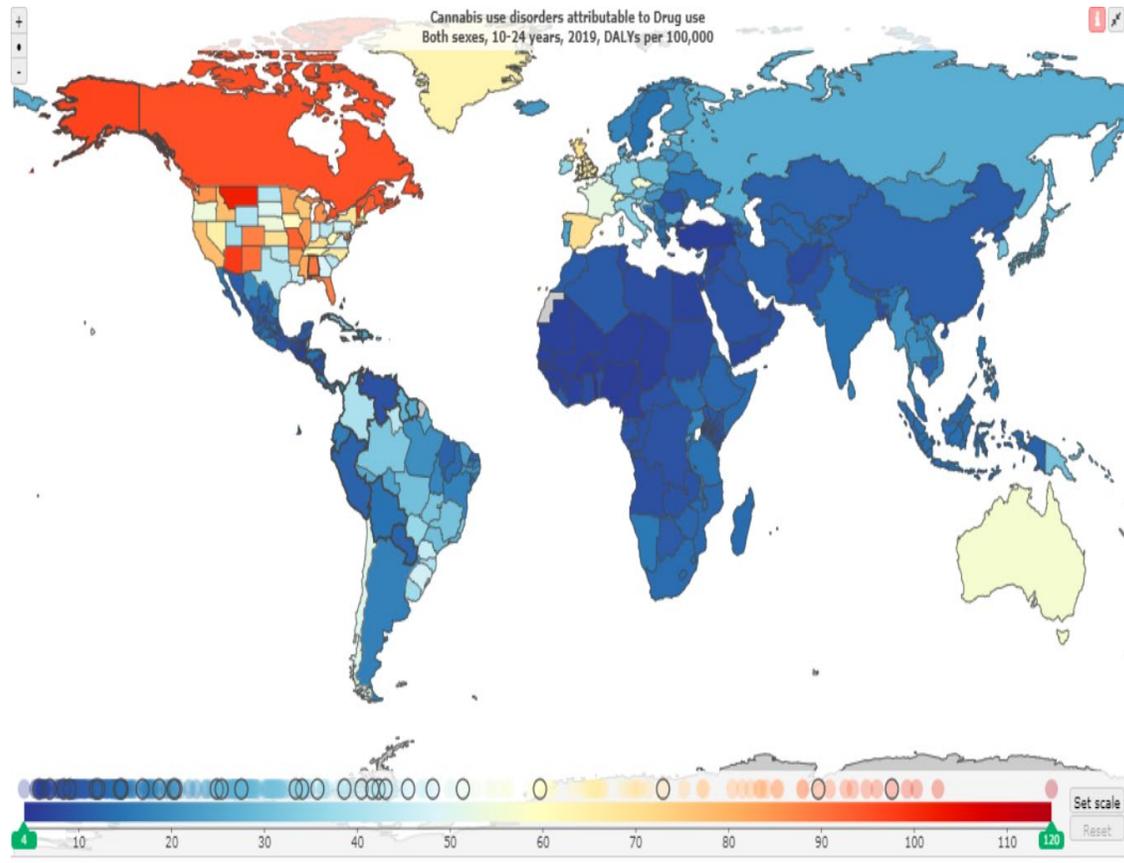
CA Sept Session 1 (Redmond) & 7 (Percy)

The Prevention Paradox and Unintended Consequences

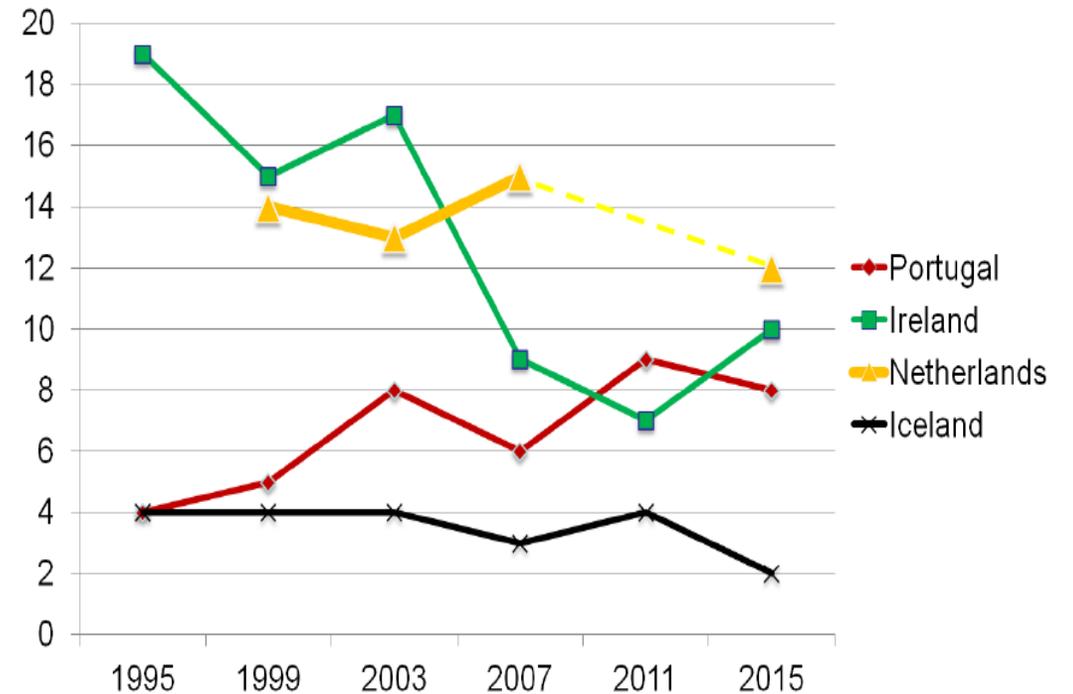


Looking to International examples

Cannabis Use Disorder 10-24 years
Disability Adjusted Life Years



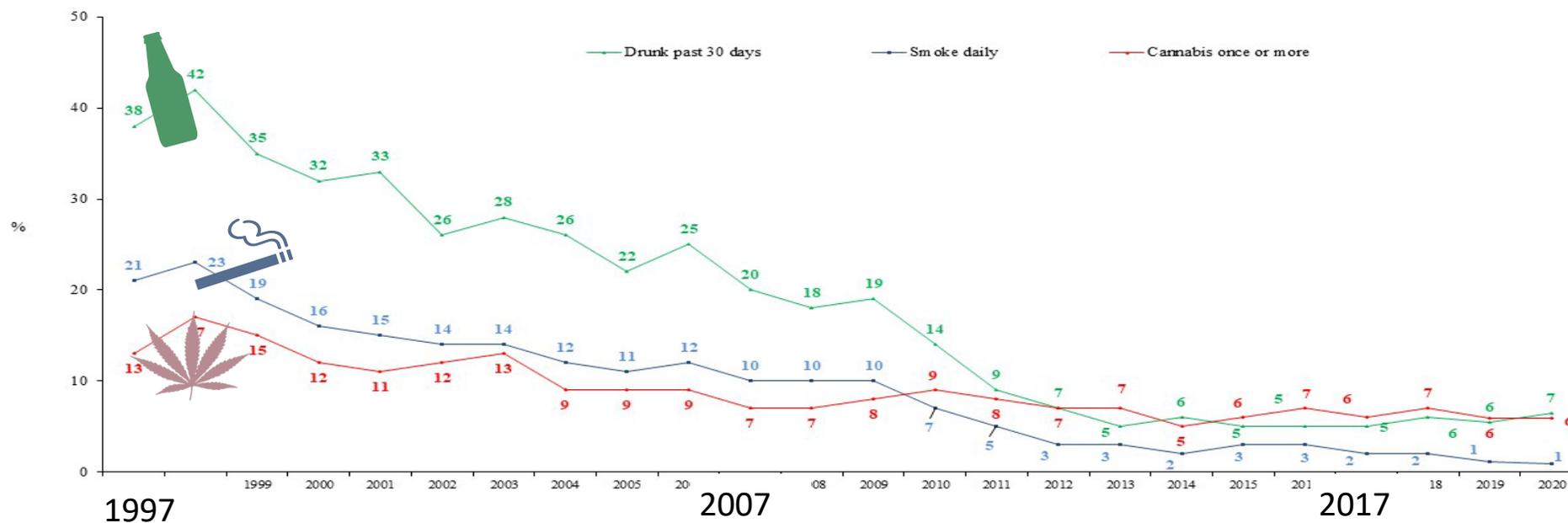
Past Month Cannabis Use-
ESPAD '95 to '15



The Icelandic Prevention Model

Based on the Icelandic Prevention Model

From highest to lowest in substance use – 15/16 year old students



The Planet Youth Model



Surveys are collected from all schools. Identifying information (school names etc.) are removed.



Data is analysed



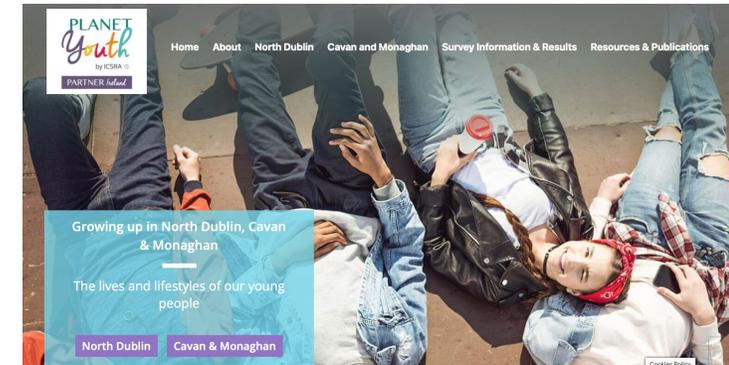
Findings are discussed with you the families, schools & community workers

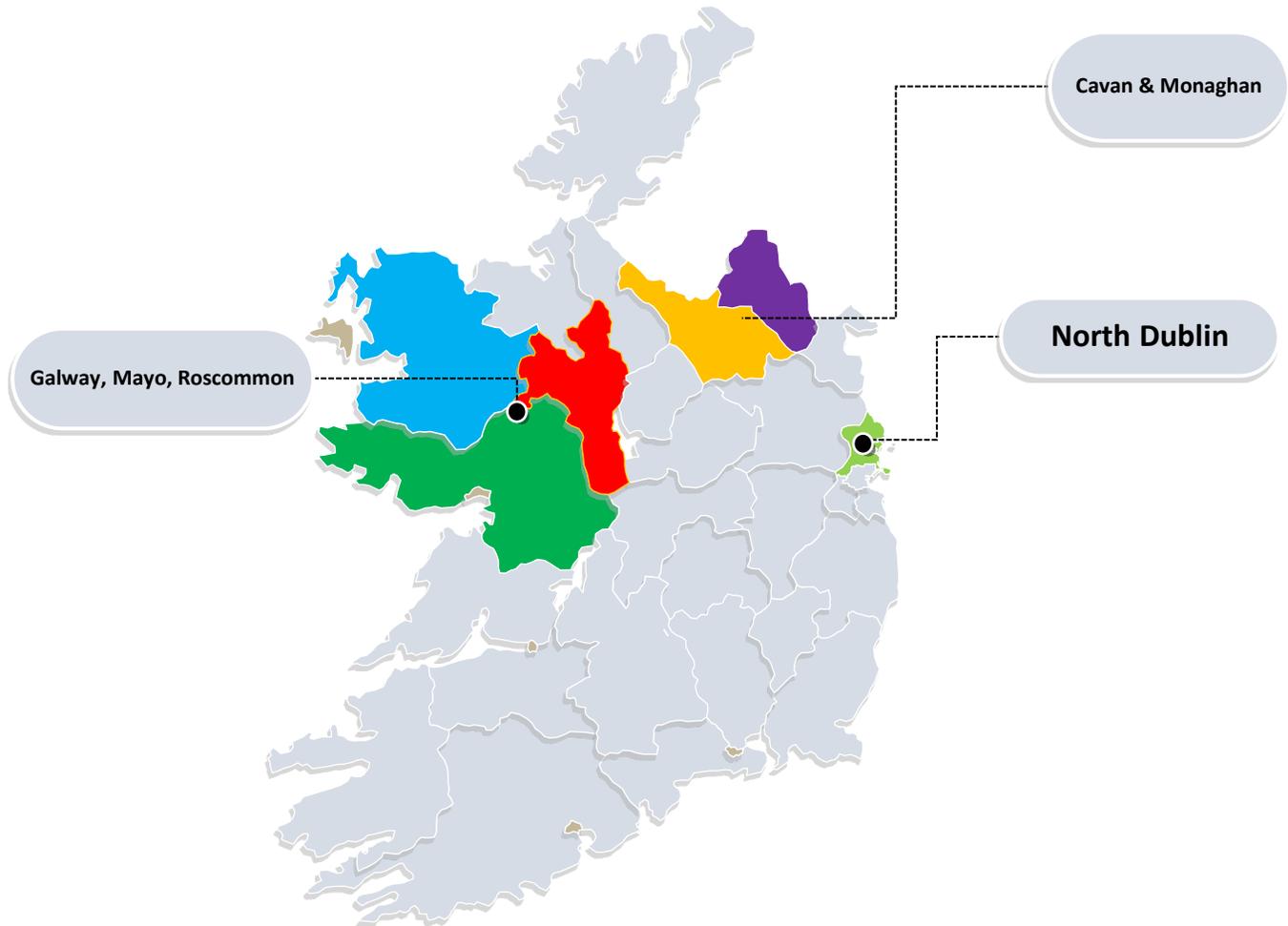


Actions are co-designed



Effects of actions are assessed in the next survey





PLANET Youth

by ICSRA ®

PARTNER Ireland



Youth Cannabis use - Risk and Protective Factors

Prevalence of current cannabis use (use in last 30 days) was **7.3%**.

4404 adolescents 15/16 years 2021 survey (ESPAD average (2019) 7.1%)



Smoking
Alcohol use
Vaping

Peer cannabis use
Peer pressure



Youth perception of cannabis as harmful

Higher parental supervision level

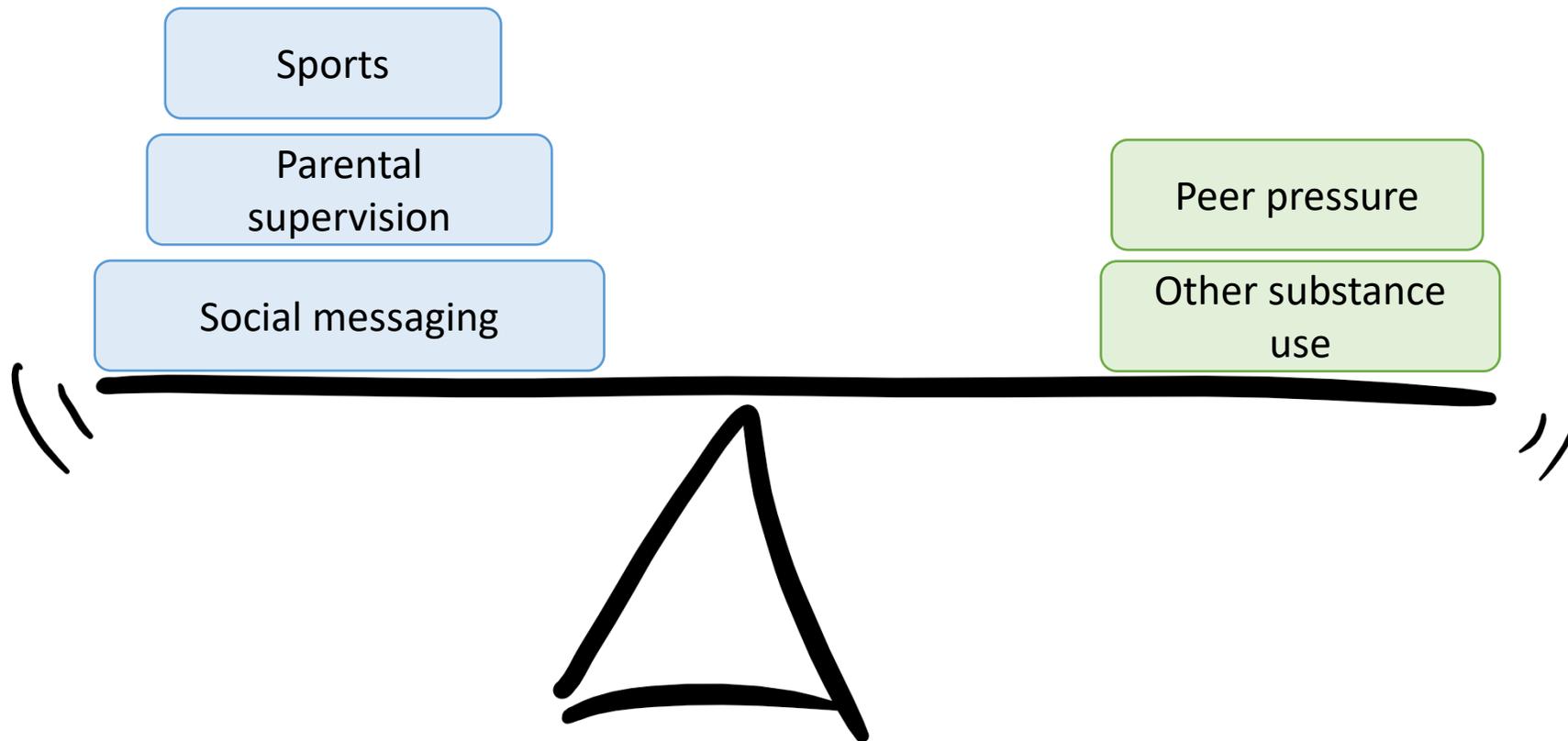
Parents “against” cannabis-use



Protective Factors associated with non-initiation of substance use by mid teens



Finding the balance

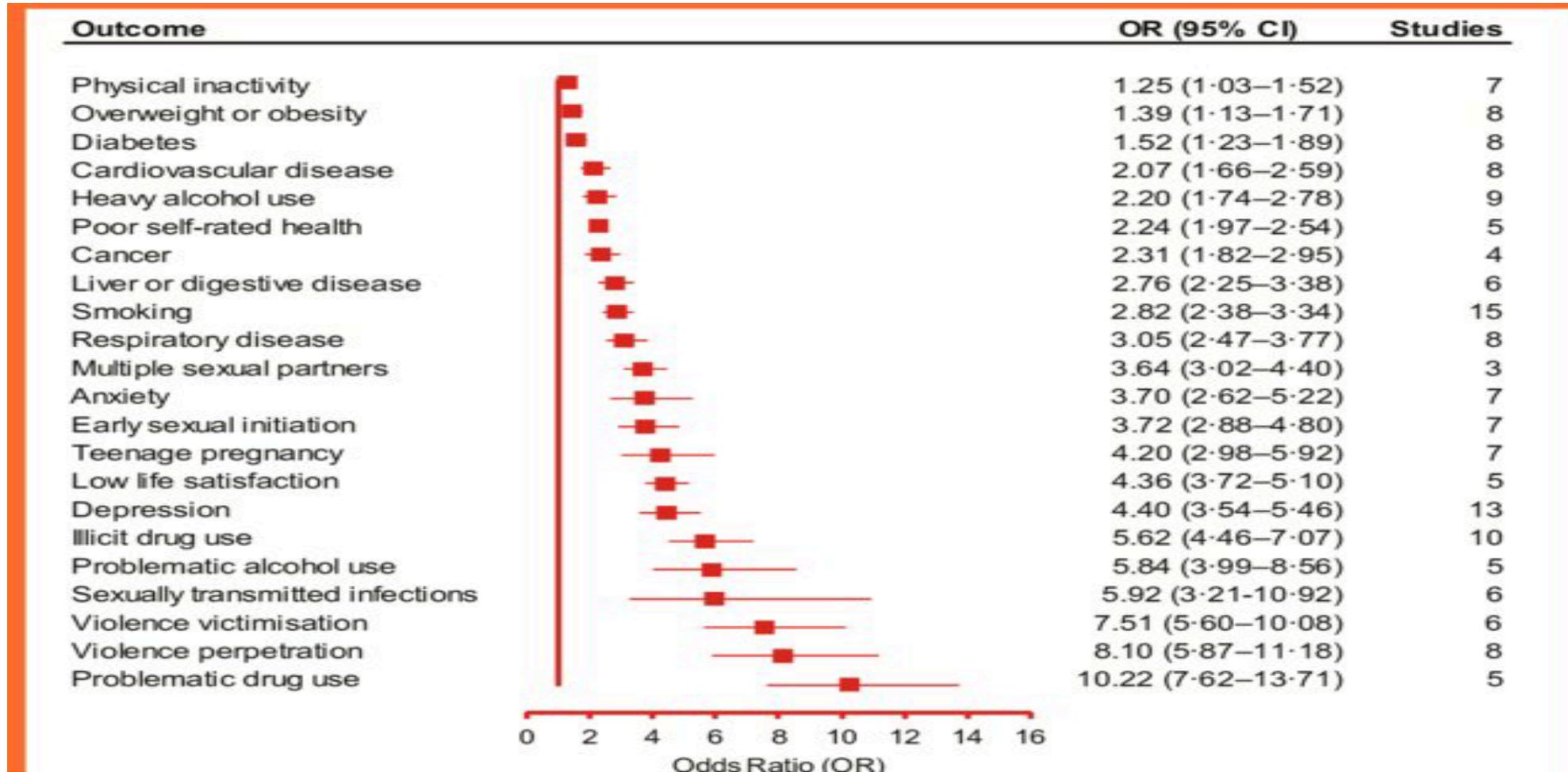


Adverse Childhood Experiences ACE



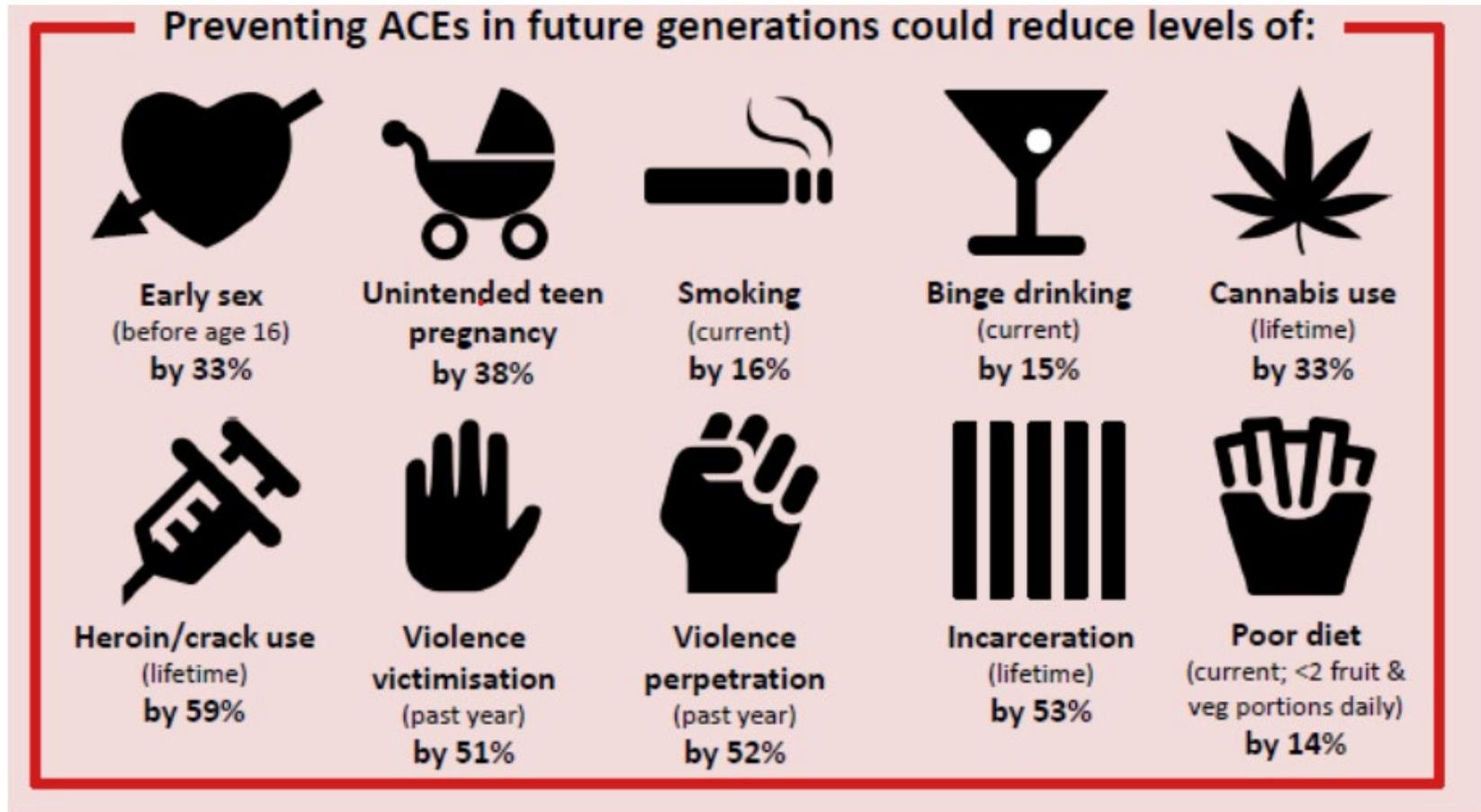
The Adverse Childhood Experiences Study Source: Felitti V et al .

Outcomes of ACEs



Summary of studies reporting associations between multiple adverse childhood experiences and selected health outcomes Source: Based on Hughes et al. 7

Preventing ACEs



Health Equity and Social Justice Approach

“There is clear evidence when we look across countries that national policies make a difference and that much can be done in cities, towns and local areas.”

Fair Society, Healthy Lives (2010)

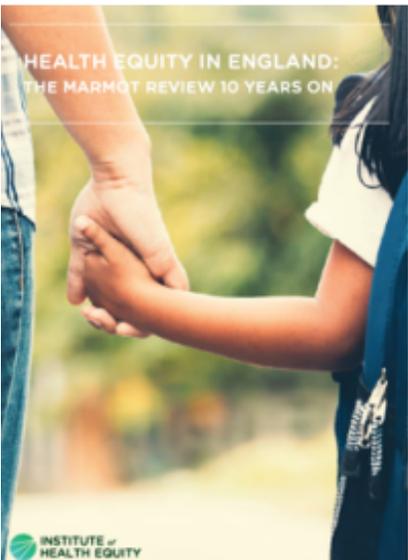
The Marmot Review, Ten Years On (Feb 2020)

Build Back Fairer: the COVID -19 review (Dec 2020)



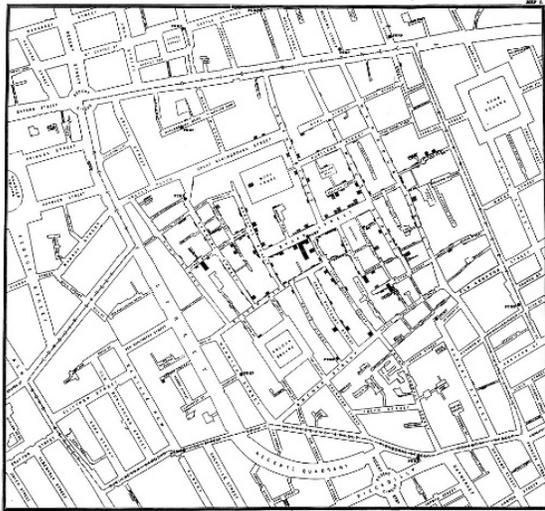
Professor Michael Marmot

Marmot Principles

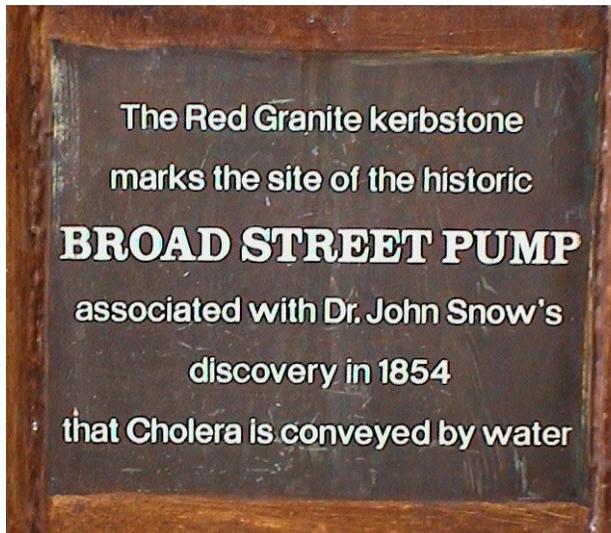


1. Give every child the best start in life
2. Enable all children, young people and adults to maximise their capabilities and have control over their lives
3. Create fair employment and good work for all
4. Ensure healthy standard of living for all
5. Create and develop healthy and sustainable places and communities
6. Strengthen the role and impact of ill health prevention
7. Tackle racism, discrimination and their outcomes
8. Pursue environmental sustainability and health equity together

“Taking the handle off the pump”



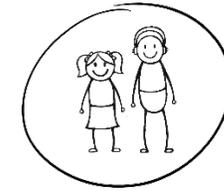
John Snow



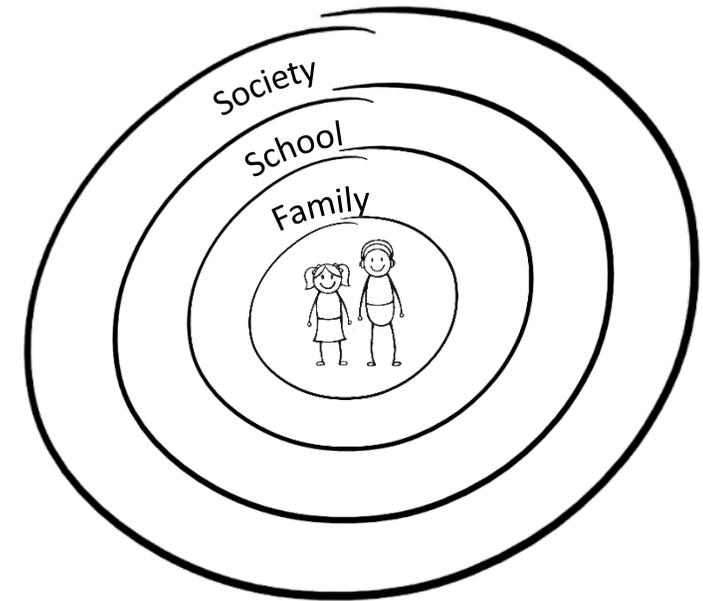
CA Sept Session 1 “Supply side issues”

Prevention Capacity

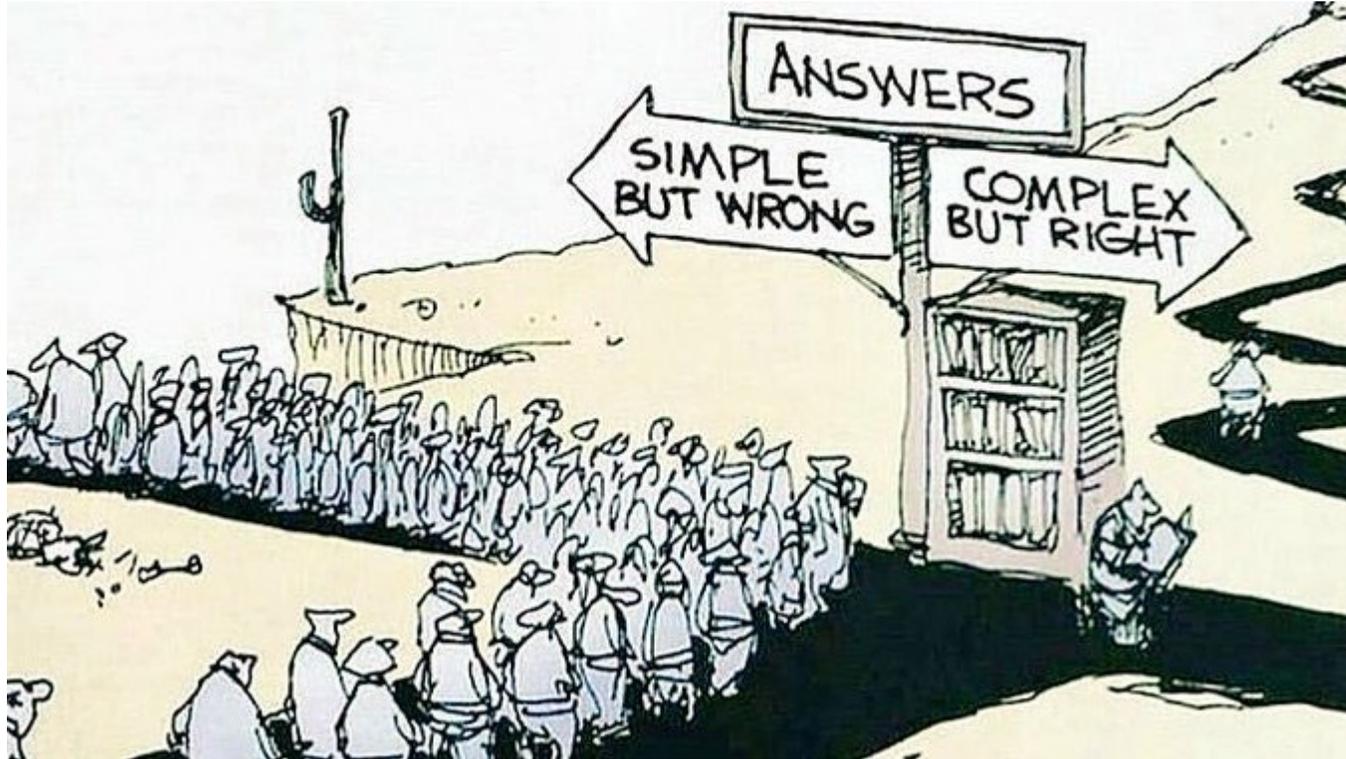
young person as a **unique individual**



young person **embedded** within his or her family, school, college, community and wider society



Complex problems require complex solutions



Thank you and good luck with your deliberations!