

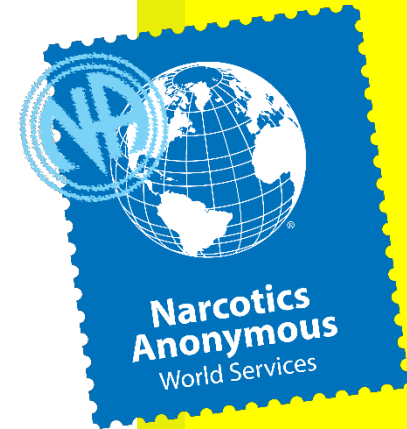
# Narcotics

# Anonymous

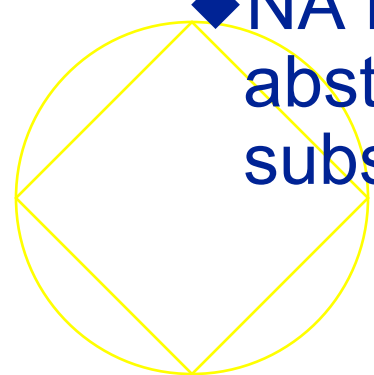
A Vital Community Resource



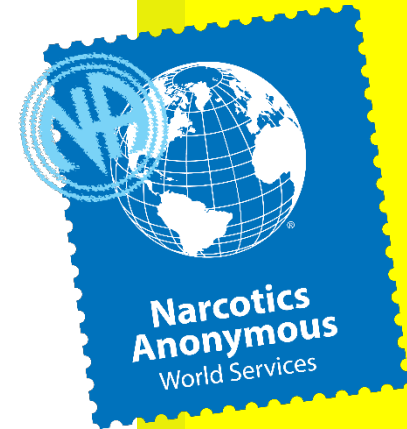
# Origin of our name – Why “Narcotics?”



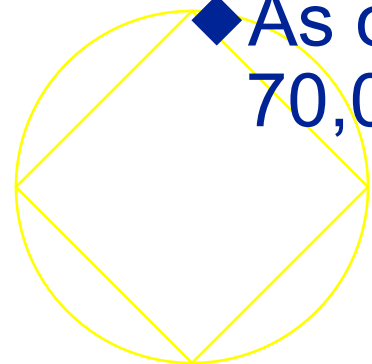
- ◆ Commonly used for all illegal substances at the time of our inception in 1953
- ◆ N.A. is not a drug-specific program but has universal appeal to all who share the disease of addiction
- ◆ NA is a program of complete abstinence from all mood-altering substances, including alcohol



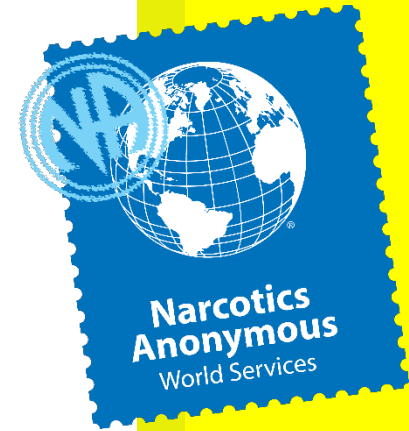
# Historical Background



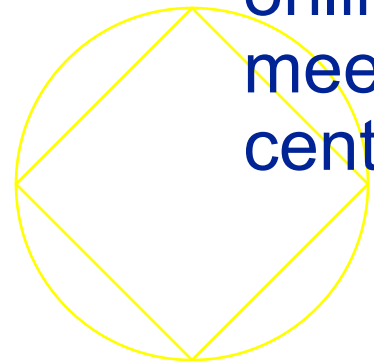
- ◆ Adapted from AA; regular NA meetings started in Los Angeles, CA in 1953
- ◆ Explosive growth coincided with publishing of the book Narcotics Anonymous, in 1983
- ◆ As of April 2018, there are over 70,000 meetings in 144 countries



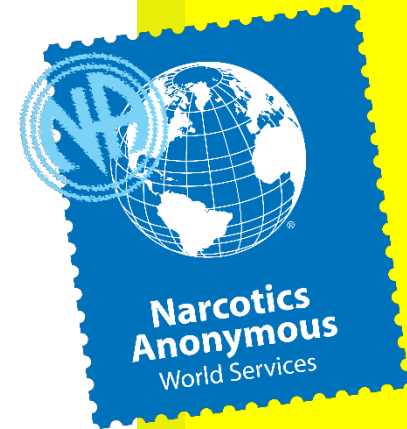
# Historical Background



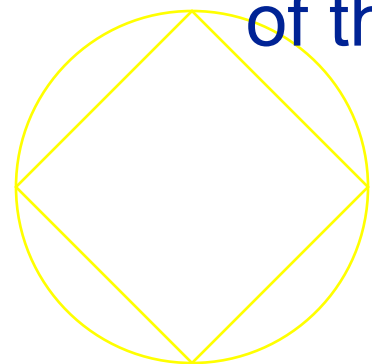
- ◆ Started in Ireland in October 1979
- ◆ Slow to grow until publication of the Basic Text
- ◆ As of September 2023, there are over 237 physical weekly meetings in Ireland (North and South) and 80 online meetings. There are 30 meetings in prisons and treatment centres



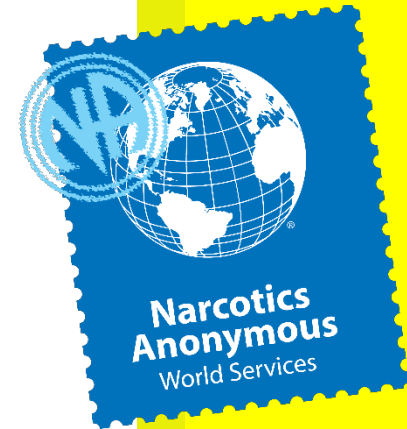
# What is NA? A Vital Resource



- ◆ Therapeutic value of one addict helping another — support network
- ◆ Process for change through the Twelve Steps
- ◆ A resource for treatment professionals for the continuing care of their clients



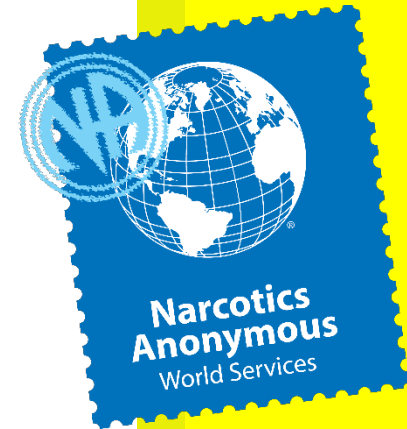
# The NA Meeting – Primary vehicle for delivering the NA message of recovery



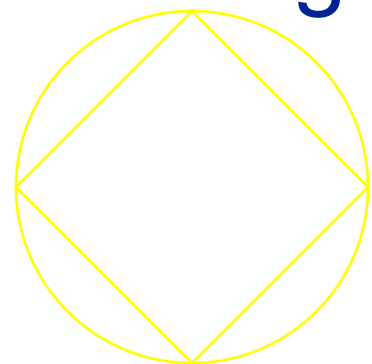
- ◆ 2 or more NA members gathering constitute a meeting
- ◆ Meetings promote atmosphere of recovery from drug dependence
- ◆ Members often share their personal experiences with addiction and recovery
- ◆ Experienced older members support newer members
- ◆ NA meetings are self supporting by those who choose to contribute (no fees)
- ◆ Guidelines of how to conduct an NA meeting are available



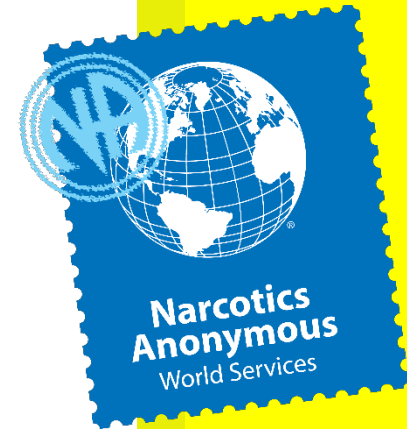
# The NA Meeting – Primary vehicle for delivering the NA message of recovery



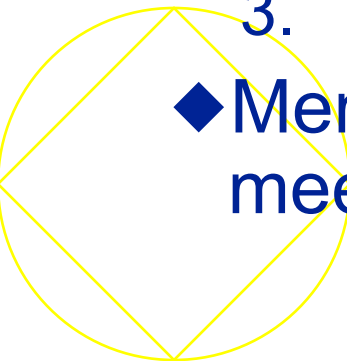
NA meetings provide an environment within which people can help one another stop using drugs and learn to live drug free



# 2018 Membership Survey

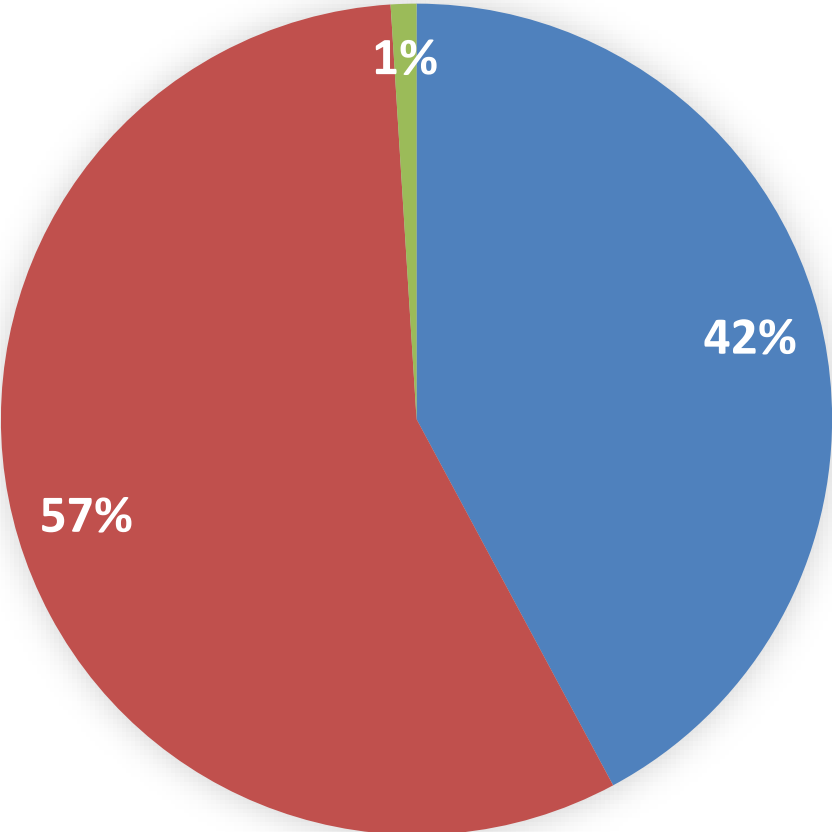


- ◆ Carried out biennially since 1996
- ◆ 55% rated first NA meeting Important or Very Important
- ◆ Top three influences to attend first NA meeting:
  1. Another NA member
  2. Treatment / counseling agency
  3. Family
- ◆ Members surveyed averaged 2.19 meetings per week



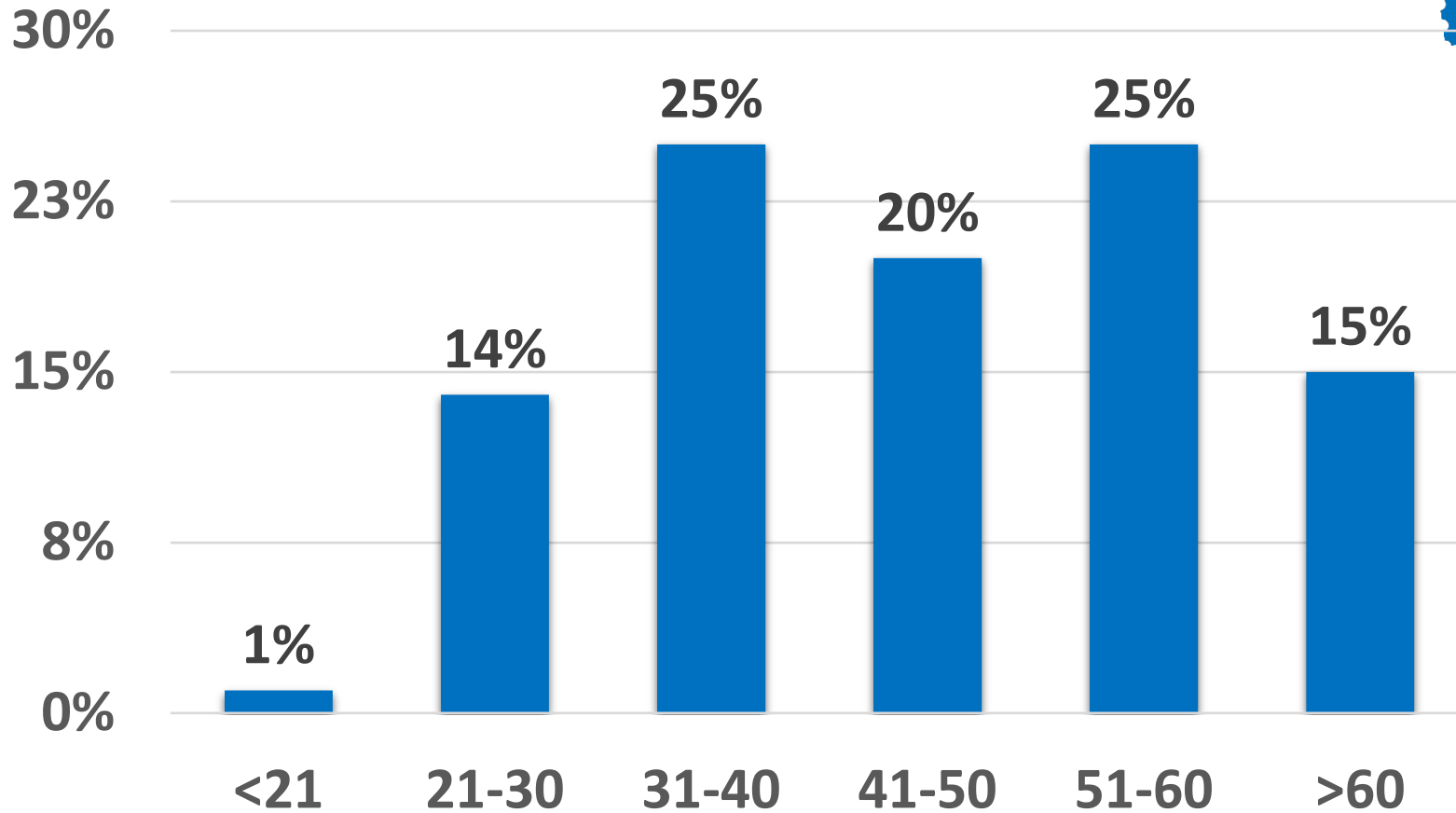


# Gender



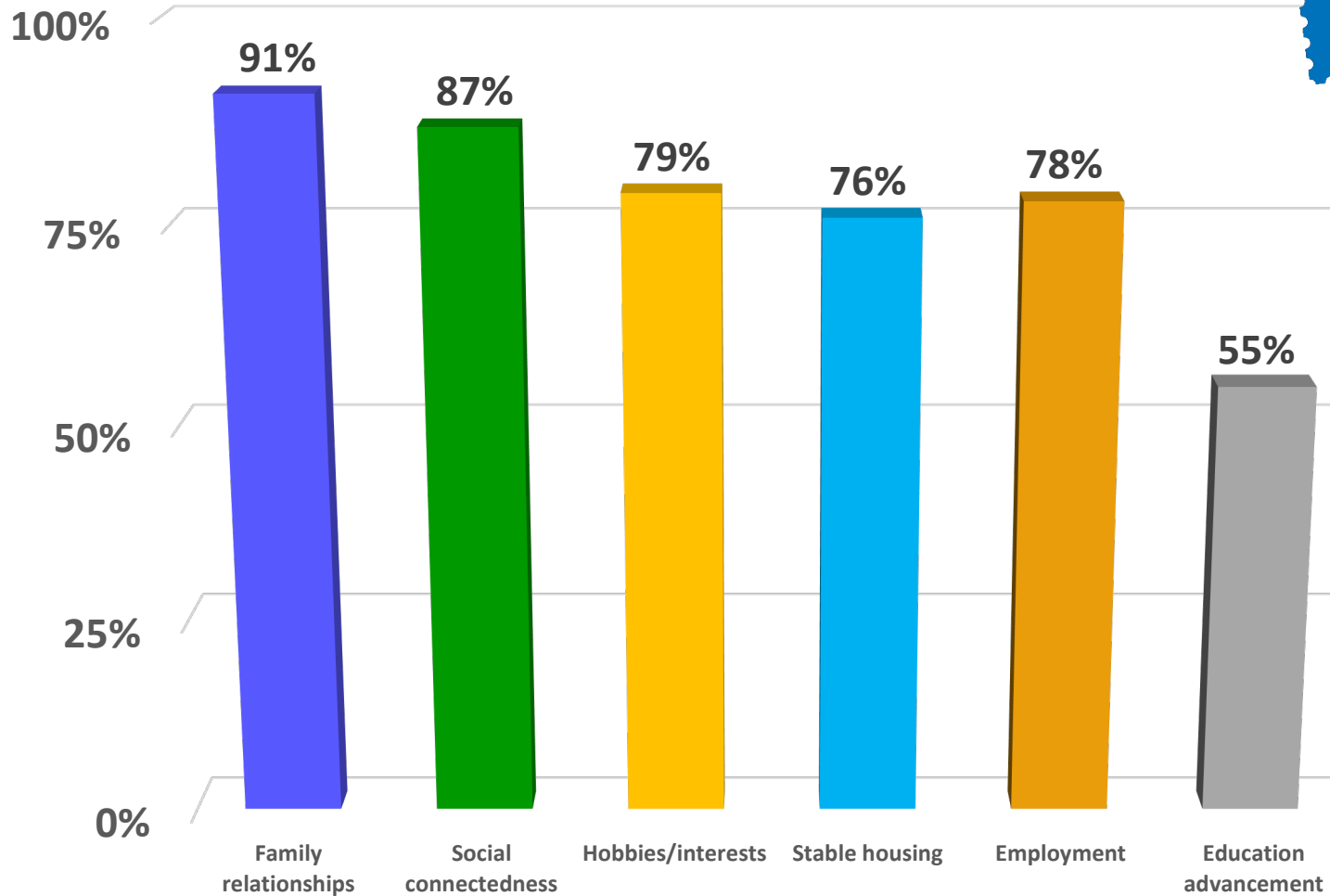
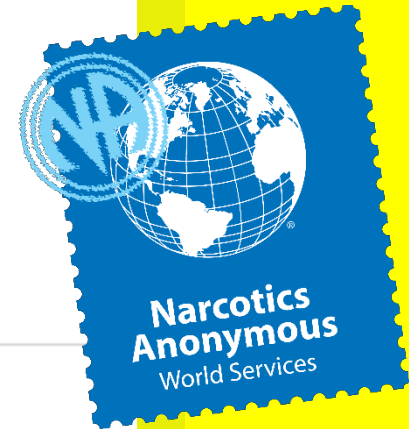
- Female 42%
- Male 57%
- Other 1%

# Age

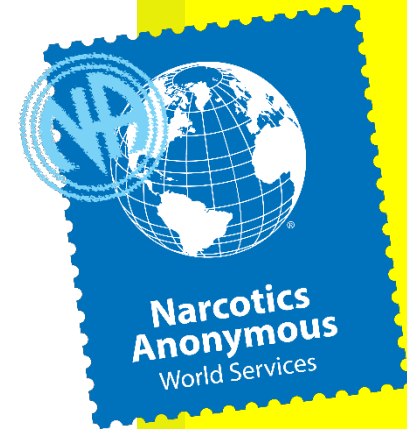


Average Age 45.5 - 70% between 30 and 60

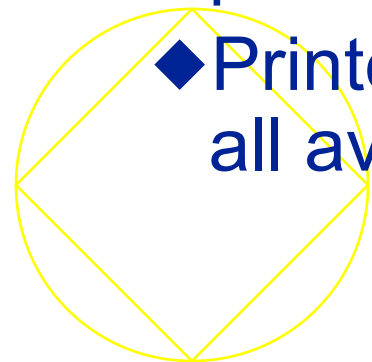
# Areas of Improvement



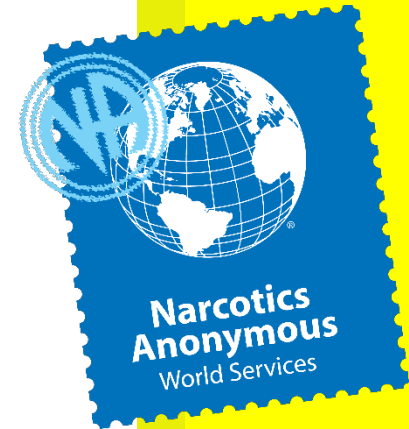
# Cooperating with Professionals



- ◆ There is no charge or fee to attend NA recovery meetings or for NA presentations
- ◆ Presentations to professionals and clients in treatment centres etc.
- ◆ Holding regular recovery meetings in prisons
- ◆ Printed material, audio-visual, helplines are all available



# Benefits to...



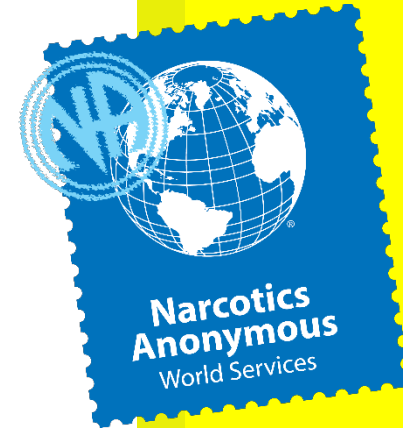
## The Client:

- ◆ Assists with transition back into the community
- ◆ Can support clients while in treatment and correctional facilities
- ◆ Provides an ongoing peer-based support network
- ◆ Drug-free role model reinforcement

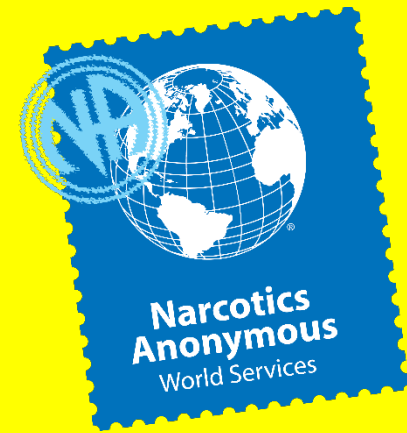
## The Professional:

- ◆ Research indicates: improves retention/staying clean
- ◆ Immediate access to aftercare support

# NA Literature



# Contacting NA



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Phone: 01-6728000