Towards making Ireland the best place in the world to grow old

> The Contribution of Older Adults to their Families and Communities

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The Irish Longitudinal Study on Ageing



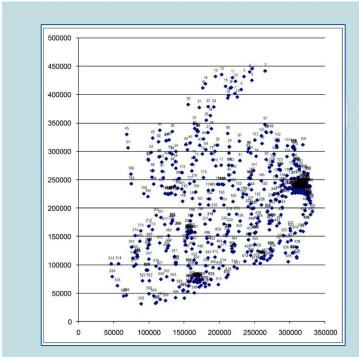
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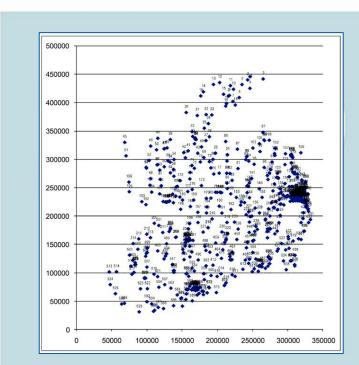




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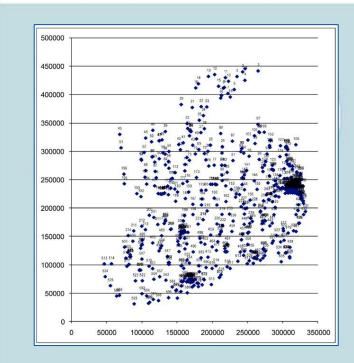




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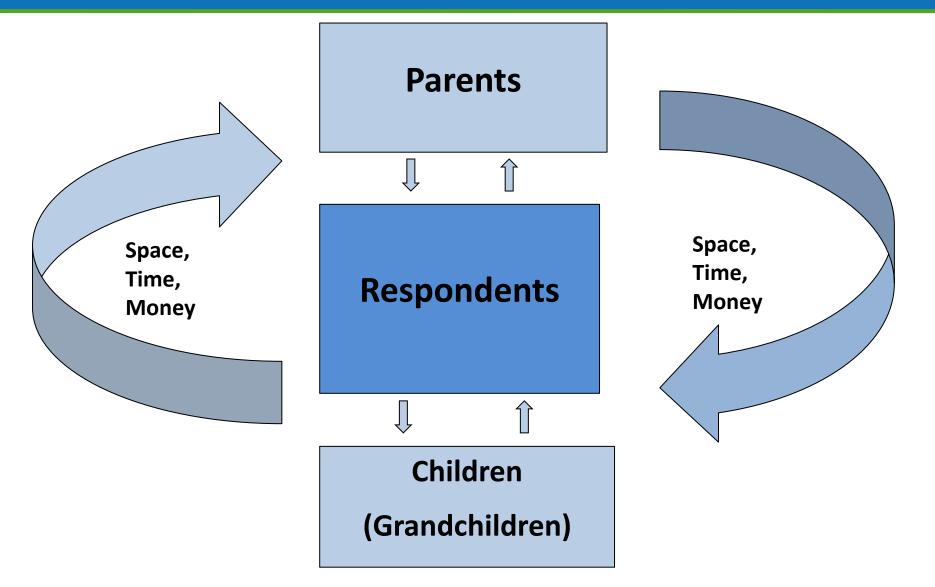
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### Health Wealth Happiness

#### **Intergenerational Transfers**





### The Contribution of older adults to Families & Communities

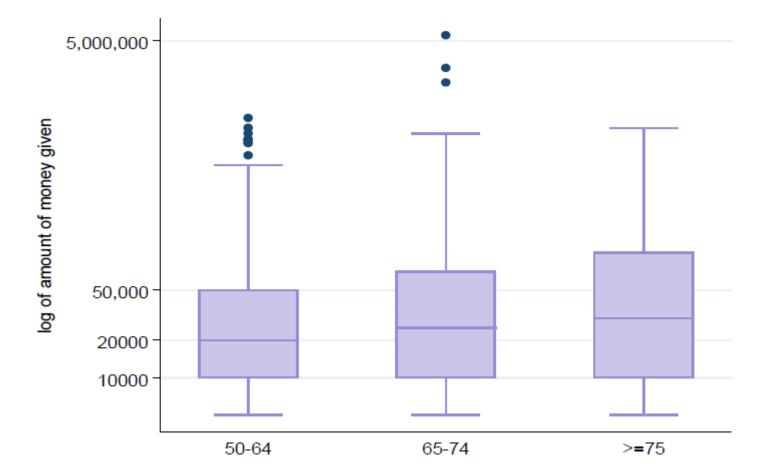




## Financial transfers to children: Gift worth €5,000 or more in the last 10 years



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The median, interquartile range and range of values of financial transfers from older adults to their children by age

### The Contribution of Older Adults to their Families and Communities



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#### Financial transfers to parents

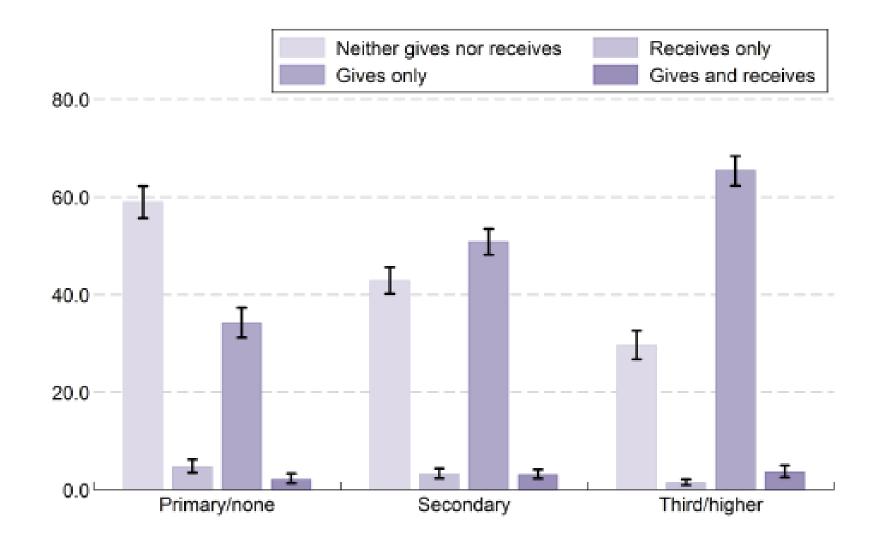
		t provide cial help	Did finan	Total	
	%	95% CI	%	95% CI	
54-64	40	(37-43)	60	(57-63)	100
65-74	50	(47-52)	50	(48-54)	100
75+	67	(64-71)	33	(29-36)	100
Total	49	(48-52)	51	(48-52)	100

#### Financial transfers to and from children

	Neither gives nor receives		Receives only		Gives only		Gives and receives		Total
	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)	
54-64	37	(34-40)	3	(2-4)	56	(53-59)	4	(3-5)	100
65-74	46	(43-49)	4	(3-5)	48	(45-51)	2	(2-3)	100
75+	63	(59-67)	4	(3-6)	31	(28-34)	2	(1-3)	100
Total	46	(44-48)	3	(3-4)	48	(46-50)	3	(2-4)	100

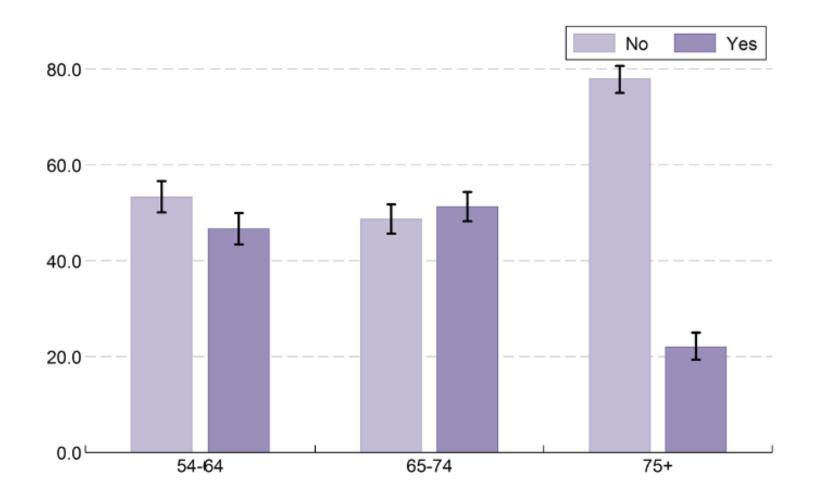
# Proportion (%) of older adults giving or receiving financial transfers to or from their children by educational attainment





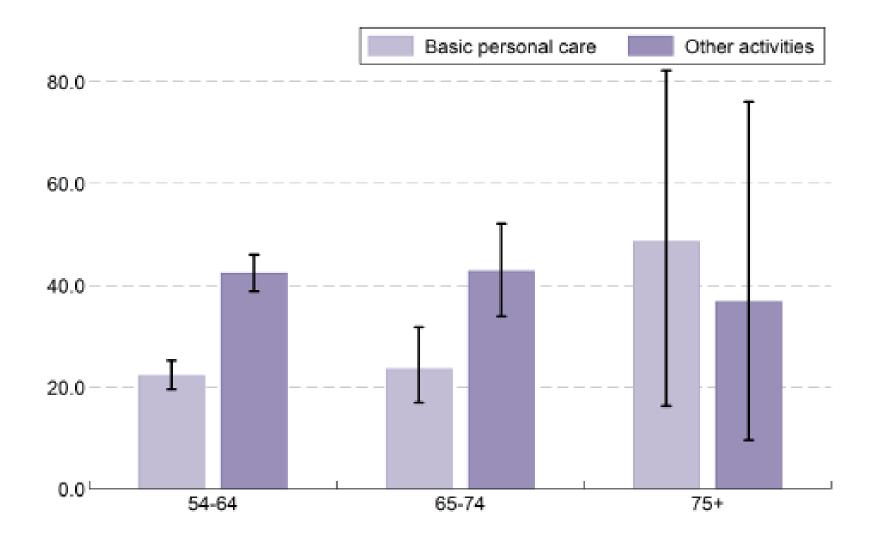
### Proportion (%) of older adults looking after grandchildren by age





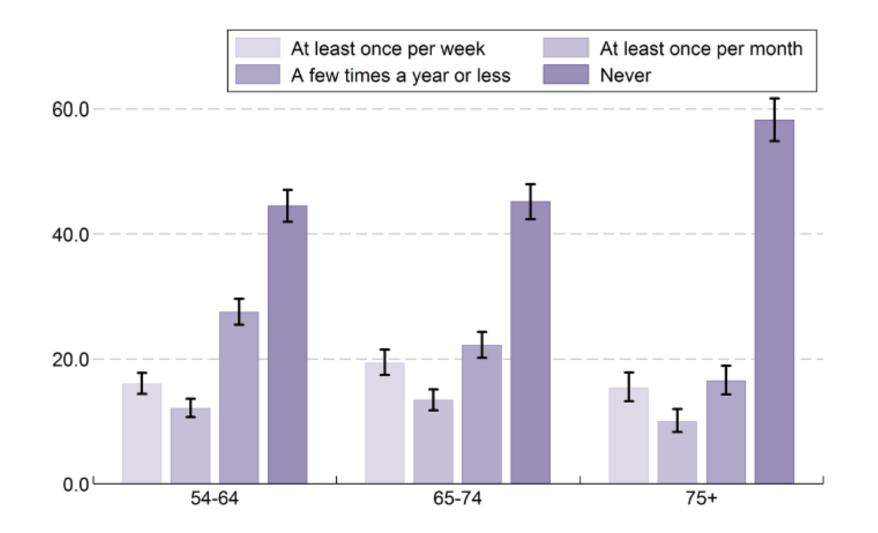
Proportion (%) of older adults with a living parent providing help with personal care and other daily activities in the previous two years to their parent





#### **Frequency of volunteering**

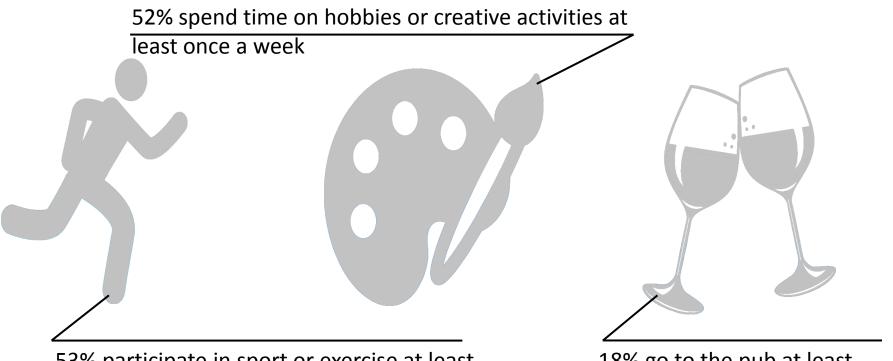




#### **Active and Social Participation**



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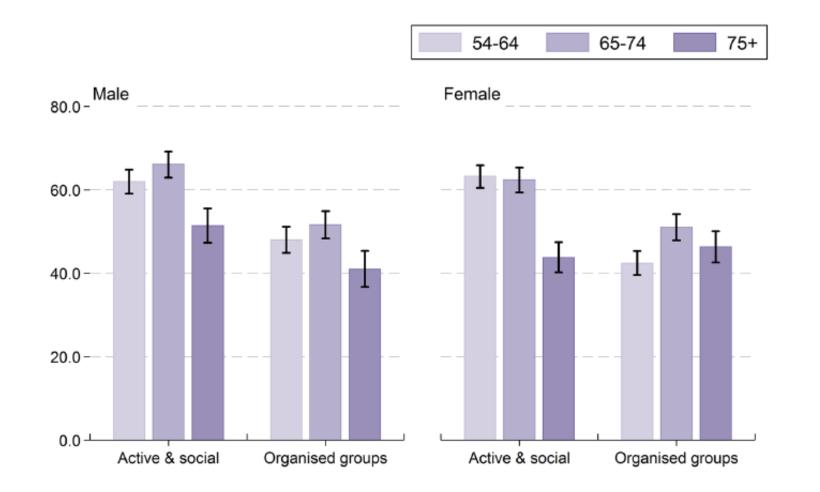


53% participate in sport or exercise at least once a week

18% go to the pub at least once a week

### Proportion (%) of older adults who participate in social activities

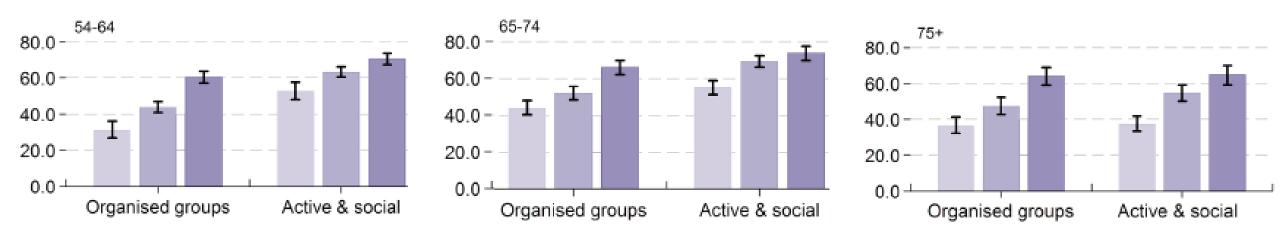




### Proportion (%) of older adults who participate in social activities by educational attainment

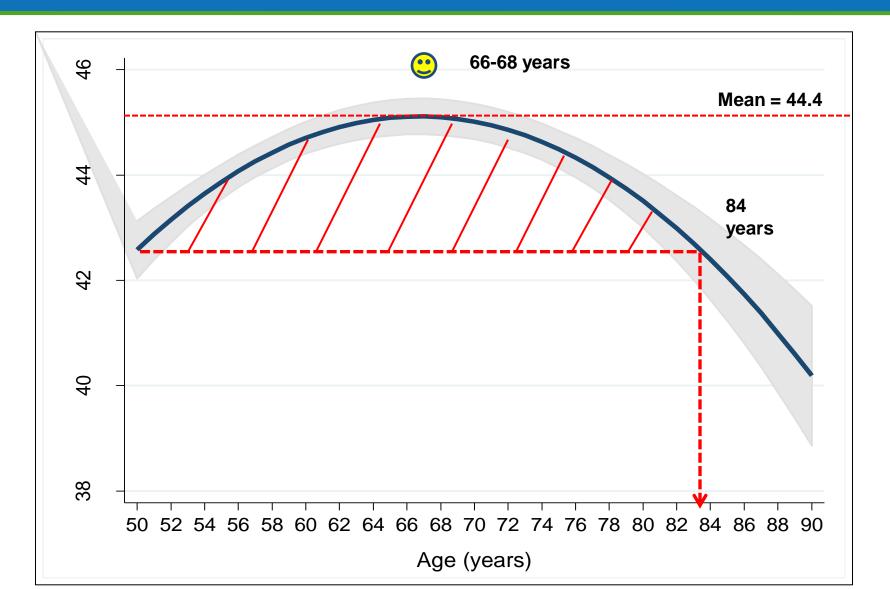






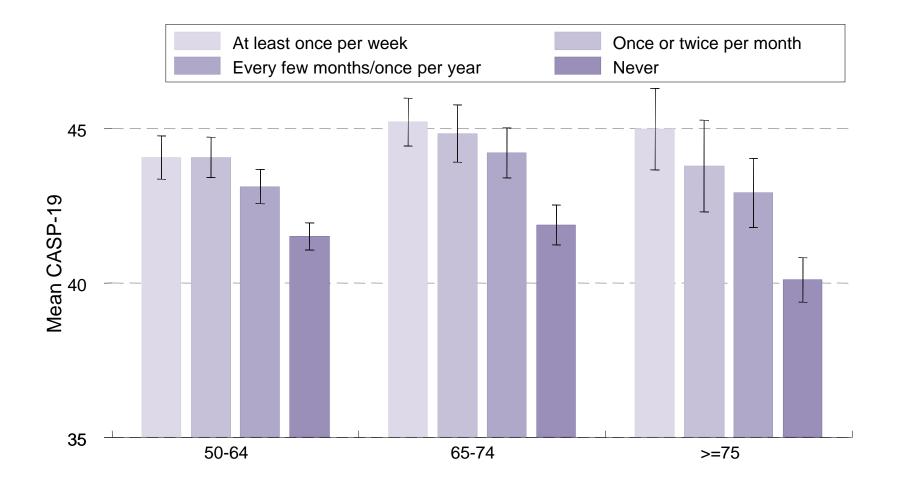
#### Age and Quality of Life





#### Quality of life by age and volunteering





Volunteering, social participation, looking after grandchildren associated with higher quality of life and less depressive symptoms

#### **Core Funders (2006-2016)**











The Irish Longitudinal Study on Ageing

## For more information: www.tilda.ie